

New this year, ARDAventure is offering the option for a morning and an afternoon activity. Most activities take place right at the resort. ARDA will provide all day hospitality room with beverages, snacks and to go lunches so that you can easily grab and go between activities. For those choosing to go off property for golf or rafting, lunch will be provided for you. A form to select your activities will be emailed to you at the time of registration.

Questions? [Catherine.lacey@arda.org](mailto:Catherine.lacey@arda.org)

**All Day Activities (if you opt for one of these activities, due to timing, you will not be able to participate in an afternoon activity)**

### **Golf at Evergreen Country Club**

Evergreen Country Club offers a challenging, highly acclaimed Algie Pulley layout, which features water on 6 of the 18 holes. The unique figure eight style golf course ensures that there are no parallel fairways and a cohesive environment where a golfer becomes one with nature. The dramatic elevation changes with a setting at the base of Bull Run Mountain and excellent course conditions make for an unforgettable round of golf.

### **Rafting on the Shenandoah River**

Enjoy a fun day out on the river on custom-built rafts with padded seats. No paddling required, your guide will do it all! Riffles, pools and two ledge-drops provide navigational entertainment. This section of the river is bordered by farms and forest on the left, a few cabins and the Blue Ridge Mountain on the right and makes it a perfect place to spend a relaxing half day on the river sightseeing, swimming or exploring. 2–3-hour trip at low summer flow.

Guests can expect to see the large hunting birds in action, as well as riparian bird species and the occasional large mammal like deer, bear and beaver.

## **Morning Activities:**

### **Trail Rides**

Experience the natural beauty of Middleburg's famed hunt country astride docile trail horses as you meander through the woods and paths on a leisurely one hour walk. Rides are guided and no riding experience is required.

### **Pickleball Lesson & Tournament**

Start with a 30-minute lesson to learn the basics of the game. Next, we'll divide into teams for a tournament. No experience necessary, come learn and have fun!

## **Blades and Bows**

Experience both archery and axe throwing in the gorgeous meadow on property at the resort.

## **Spa**

The Salamander Spa offers a unique health and wellness journey tailored to your specific needs. Choose between a facial or a massage. Please note that spa appointments are quite limited and will be available to each attendee only as a morning OR afternoon option, not both.

## **Afternoon Activities:**

### **Spa**

The Salamander Spa offers a unique health and wellness journey tailored to your specific needs. Choose between a facial or a massage. Note Spa appointments are quite limited and will be available to each attendee only as a morning or afternoon option, not both.

## **Pasta-Making Class**

Become a pasta-making pro in this hands-on class taught by the Salamander Chef! Learn how to create long and short pasta, as well as stuffed pastas from scratch using a variety of fresh ingredients. In this class, you will create fettuccine or spaghetti, gnocchi, agnolotti or ravioli, garlic bread and a house salad.

## **Zip Line**

Glide through the forest canopy in the treetops on an interconnected series of zip lines and beautiful suspension bridges. Accompanied by your Salamander Adventure guides, traverse five different zip lines and two suspension bridges winding your way through the rolling hills of historic Middleburg. Zip lines range in length from 270 feet to 670 feet and are 35 to 60 feet above the hallowed grounds where John Mosby planned his next attack and where Jackie Kennedy escaped the politics of DC. This two-hour Treetop Zipline Tour has something for everyone!

## **Stone Tower Winery Tour**

With its rolling hillsides and pastoral beauty Stone Tower Winery's 200+ acre estate sits atop Hogback Mountain is uniquely situated to produce world class fruit for winemaking. Join us for an experience designed to put our estate and the fruits of its labor front-and-center. Enjoy a roving wine tasting at tour with cheese and charcuterie.